



FEBRUARY 2020

Winning Slogan "Have a Great Year and Eat Healthy" –
by Maddison, grade 4, Laboratory Charter

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday

234 Chicken Tenders with Potato Wedges
603 Maple Baked Beans
670 Fresh Fruit
941 Tostitos Scoops

Tuesday

255 Cheese Stuffed Breadsticks
622 Marinara Sauce
635 Calypso Crush Vegetable Juice
659 Watermelon Craisins

Wednesday

251 Chicken Nuggets
634 Hash Brown
630 Dragon Punch Vegetable Juice
670 Fresh Fruit

Thursday

294 Meatballs with Tomato Sauce & 907 Hot Dog Bun
611 Bagged Baby Carrots
749 Apple-Cherry Juice

Friday

264 4 x 6" Cheese Pizza
623 Broccoli
752 Fruit Punch Juice
990 Chocolate Chip Cookie

252 Cheeseburger Macaroni & 908 Dinner Roll
630 Dragon Punch Vegetable Juice
623 Broccoli
690 Apple Crisps

269 Mini Corn Dogs & Chicken Nuggets with Potato Rounds
611 Bagged Baby Carrots
670 Fresh Fruit
932 Cinnamon Scooby Snacks

253 Hot Dog with French Fries
632 Wango Mango Vegetable Juice
658 Cherry Craisins
907 Hot Dog Bun

274 Curly Cheesy Lasagna
695 Strawberry-Mango Sidekick
908 Dinner Roll

205 Popcorn Chicken
603 Maple Baked Beans
631 Cherry Star Vegetable Juice
685 Rosati Water Ice
993 Heart Cookie

NO SCHOOL TODAY

215 Beef & Cheese Taco
636 Fiesta Corn
630 Dragon Punch Vegetable Juice
658 Cherry Craisins

200 Hamburger
603 Maple Baked Beans
611 Bagged Baby Carrots
670 Fresh Fruit
914 Hamburger Bun

234 Chicken Tenders with Potato Wedges
624 Garlic Green Beans
670 Fresh Fruit
932 Cinnamon Scooby Snacks

264 4 x 6" Cheese Pizza
706 Romaine Salad with Cherry Tomatoes
750 Apple Juice

269 Mini Corn Dogs & Chicken Nuggets with Potato Rounds
603 Maple Baked Beans
749 Apple-Cherry Juice
928 Goldfish Pretzels

281 Salisbury Steak with Gravy
610 Mashed Potatoes
632 Wango Mango Vegetable Juice
691 Strawberry Apple Crisps
914 Hamburger Bun

255 Cheese Stuffed Breadsticks
622 Marinara Sauce
631 Cherry Star Vegetable Juice
608 Dole Tropical Fruit Cup

273 Rotini Bake
753 Orange Juice
908 Dinner Roll

272 Four Cheese Panini
708 Romaine Salad with Spinach & Chickpeas
699 Strawberry Cup

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.

